

Strains and Sprains : It takes Teamwork!

Date: _____

Student: _____

Dept: _____

Station: _____

Training Code: _____



NOTES:

CHALLENGE

Strains and sprains represent the third largest category of injury to emergency personnel. Review of accidents reveal a major source of injuries occur during the transport of patients. Using good lifting techniques and body mechanics are essential to help reduce injuries. Improved equipment and proper body mechanics can reduce these types of injuries significantly. However, we must never forget the importance of teamwork!

DISCUSSION

- How would you rate our current equipment used for transporting patients?
- When purchasing replacement equipment are we looking for ergonomic improvements?
- What problems have you encountered during the transport of a patient?
- What problems occur due to the differences in height of EMS personnel?
- What can improve teamwork during transport?
- Does our department place enough training emphasis on the “unusual” conditions faced during transport?

The greatest asset of the fire service is our people; protect them!